

Alchemy of Oneness: Sacred Dance & the 3rd Force

Retreat with Banafsheh

July 30 - August 2, 2026

Menla Retreat Center

Thursday Night

Artist

Hariprasad Chaurasia
Pejman Hadadi- Babak Sharifi

Album

Celebrating the Legend
Release

Song

Raga Jhinjhoti

Friday Morning (The Weave; Activating Womb-Dantian; Circles & the Sphere)

Artist

Dastan Ensemble
Greg Ellis
World Percussion Collective
World Percussion Collective
Dost
Dost
Trance Mission
Göksal Baktagir
Constantinople
Santi & Tuğçe

Album

Journey To Persia
Kala Ripa
Percussion Around the World
Percussion Around the World
Sabah
Sabah
Head Light
Göksal Baktagir
Traversées
Punto Cero

Song

Seven Beat Rhythm
Form 10
Trikiti
Son Da Terra
Track 1
Track 3
Work Song 2
Hicaz Saz Semaisi 2
Vers isfahan
İstanbul'a

Friday Afternoon (Sama)

Artist

Omar Faruk Tekbilek
Inanna

Album

Whirling
Beyond Tradition

Song

Whirling Dervish
Devotion

Saturday Morning (Toroidal Shaking & Infinity Waves)

Artist	Album	Song
Madou Djembé	Percussions D'Afrique	Sogoni Coun
Raquy & The Cavemen	Naked	Debke
Ece Ekren		Canim
Göksal Baktagir	Göksal Baktagir	Saba Sirto
Ali Kuru & Mercan Dede	Buddha Bar Elements	Napas
İlhan Barutçu	Aşk-ı Neyzen	Eviç Taksim
Habib Meftah & Mohsen Sharifian		Lâ
Bahramji & Swann	Yoga Mantras & Dance	Desert Dance
Greg Ellis	Rhythm Pharm: Vitality	Vitality 5
JKC	Yedaaneh (Single feat. Habib Meftah)	
Prem Joshua	Best Of Prem Joshua	Habibi
Stellamara	The Golden Thread	Aman Doctor
Maneesh De Moor	Sadhana	Silent Ganges

Saturday Afternoon (Sama)

Artist	Album	Song
Sufi Music Ensemble	Himma	Hicaz
Sabri		Breath II
Shams Ensemble		Sarebaan
RUMI Ensemble	In the Footprints of RUMI	Ey Ashegan

Saturday Evening (Banafsheh's Dance Offering, Sama or Free-style)

Artist	Album	Song
Göksal Baktagir	Göksal Baktagir	Nefes 2
Homayoun Shajarian	The Lords of the Secrets	The Lords of the Secrets
Ercan Irmak	Ses ve Nefes	Ey Aski Sadiklar
Sami Yusuf	Azerbaijan: A Timeless Presence	A Dancing Heart
Sami Yusuf	O Lovers: Music from the Unseen World	Barakah

Sunday Morning

Artist

Habib Meftah Bushehri
Itai Armon
Hasan Isakkut
Greg Ellis
Santi & Tuğçe

Album

Deyzangeroo
Moments
Kibar
Kala Rupa
A Twice Told Tale
(Mercan Dede & Dexter Crowe Rework)

Song

Choopee
Neshama Yetera
Beware
Form 10
Kuyu